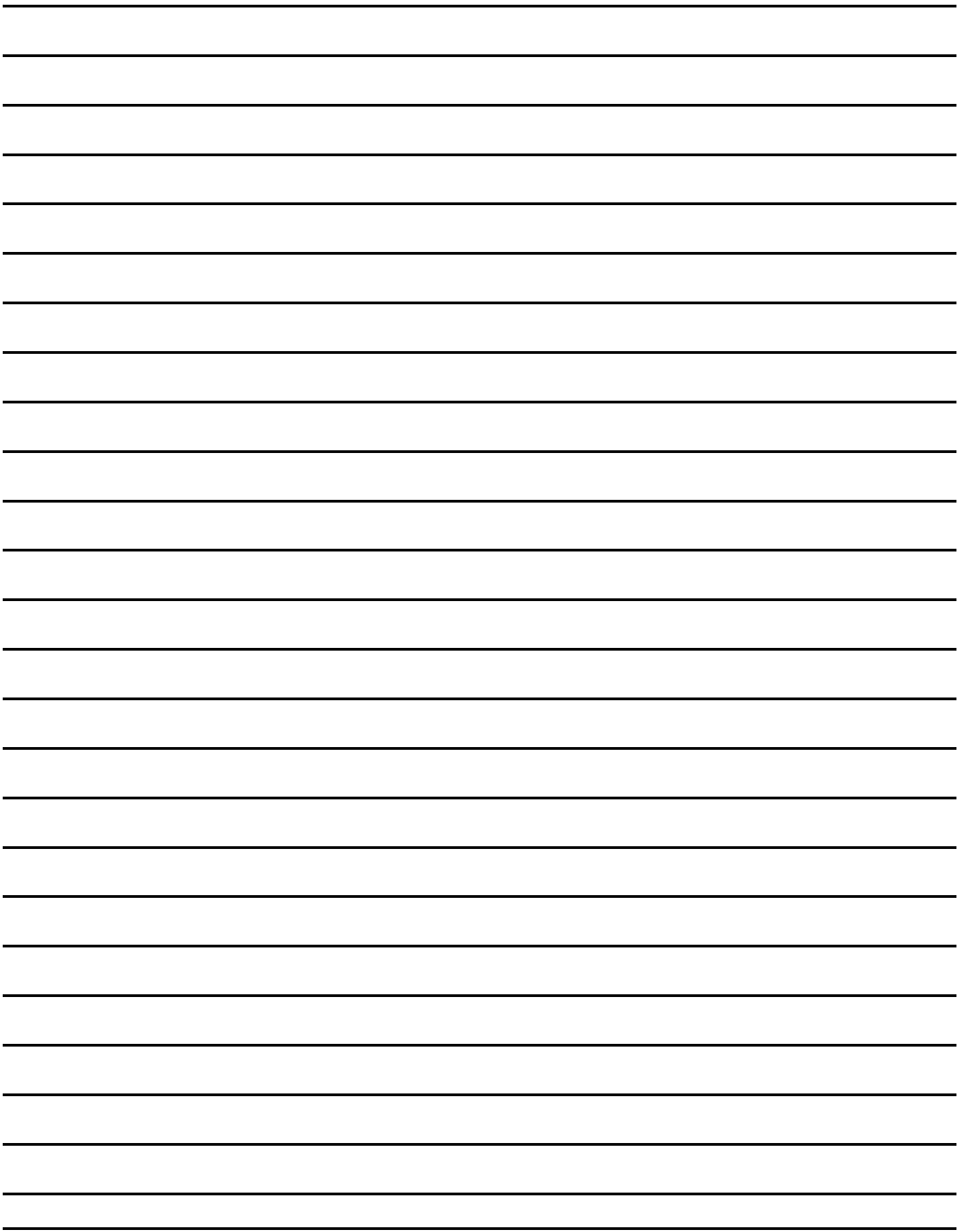


Early Years Training Academy



Reflective
Learning
Journal



Time sheet

Record the dates and times that you have attended the centre for practical experience.

Name: _____

Room: _____

Room Leader's name: _____

	Date	Start time	Finish time	Room Leader/Director Signature
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Print this table to record the times you attend the centre. This can be completed over a period full-time or part-time, to be negotiated with your centre director.

Room Leader Feedback

Room Leader name: _____

Name of room: _____

Professional conduct	Demonstrated (tick if seen)	Comment
Respect for ethos of the service		
Demonstrates positive interactions with children		
Engages in positive interactions with staff		
Maintains appropriate standard of dress		
Is punctual and reliable		
Meets children's needs in general room routines		
Works as a team member assisting with day to day tasks		
Is respectful in communications with families		
Accepts advice in a professional and courteous manner		

Room leader signature: _____ Date: _____

Observation 1: Observe an educator and child interacting positively.

What to write	Your comments and reflections:
<p>Describe the observation in as much detail as possible. What did they say to each other? How did they communicate? What evidence did you observe that made you believe it was a positive interaction?</p>	
<p>How does what you saw relate back to what you have read about interactions with children, and communication in general? How did you feel about this interaction?</p>	
<p>What have you learned from making this observation? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?</p>	

Observation 2: Observe an educator communicating with parents/family positively.

What to write	Your comments and reflections:
<p>Describe the observation in as much detail as possible. What did they say to each other? How did they communicate? What evidence did you observe that made you believe it was a positive interaction?</p>	
<p>How does what you saw relate back to what you have read about communication in general? How did you feel about this interaction?</p>	
<p>What did you learn from this observation? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?</p>	

Self-Reflection - Task: Think of an interaction you had with a child.

What to write	Your comments and reflections:
<p>Describe the interaction in as much detail as possible. What did you say to each other? How did you communicate (include non-verbal communication). How was it a positive interaction? What evidence do you have that it was positive?</p>	
<p>How does the way that you interacted with the child/children link to what you know and have learned about positive interactions with children? How did you feel about this interaction?</p>	
<p>What did you learn from this experience? How will you use this new learning? Could you have done anything differently? Do you need to find out more about this topic? Where will you go to find out more?</p>	

Manual Handling Worksheet

Jobs Involving Manual Handling

Job	List tasks in the job	Analysis of the task that involve manual handling
e.g. Setting up an obstacle course outside	Moving climbing equipment and mats into place.	Lifting bulky items that require team lifting. Lifting items from the ground that require correct lifting technique.

Observation 3: Observe a moment when an educator provides behavior guidance to a child.

What to write	Your comments and reflections:
<p>Describe the observation in as much detail as possible. What did they say to each other? How did they communicate? What evidence did you observe that made you believe it was a positive interaction?</p>	
<p>How does what you saw relate back to what you have read about interactions with children, and communication in general? How did you feel about this interaction?</p>	
<p>What have you learned from making this observation? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?</p>	

Observation 4: Write about a moment when you observed an educator reading a book to a child. This can be with just one or a couple of children, or it can be with a whole group.

What to write	Your comments and reflections:
Describe the observation in as much detail as possible. What strategies did you see the educator use? (Think back to last week's content). How many children were involved?	
How does what you saw relate back to what you have read about communication in general? How did you feel about this interaction?	
What did you learn from this observation? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?	

Self-Reflection Task 2: Write about a positive interaction you had with a child.

What to write	Your comments and reflections:
Describe the observation in as much detail as possible. What did they say to each other? How did they communicate? What evidence did you observe that made you believe it was a positive interaction?	
How does what you saw relate back to what you have read about communication in general? How did you feel about this interaction?	
What did you learn from this observation? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?	

Self-Reflection – Task 3: Comment on the story reading you did with a child/children.

What to write	Your comments and reflections:
What book did you read? Why did you choose that book? What strategies did you use to engage the child/children?	
How does the way that you read with the child/children link to what you know and have learned about positive interactions with children? How did you feel about the experience of reading to the child/children?	
What did you learn from this experience? How will you use this new learning? Could you have done anything differently? Which strategies worked best? Why do you think that is? Did the children enjoy the experience?	

Observation 5: Observe a mealtime with the children observe how they settle in, the feeling of enjoyment during the meal and how they respond to the food they are provided with.

What to write	Your comments and reflections:
<p>Describe the observation in as much detail as possible. How were the children settling in for the mealtime you observed? What were the children offered? How was it enjoyed?</p>	
<p>How did you feel when helping settling children for mealtime? How did the children feel? Were you surprised by how they enjoyed their meals? Why or why not? Did the meal meet the guideline for healthy eating?</p>	
<p>What have you learned from making this observation? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?</p>	

Self-Reflection Task 4: Write about a discussion that included questioning that you or an educator had with the children.

What to write	Your comments and reflections:
<p>Describe the observation in as much detail as possible. When in discussions with children, note down questions that you asked and they asked. Remember how you might see infants and toddlers asking with their non-verbals too.</p>	
<p>What closed and open questions did you/educator ask? Which did you/educator used the most? Which got the most learning happening? Why do you think that is?</p>	
<p>What did you learn from this experience? How will you use this learning in the future? Do you need to find out more about this topic? Where will you go to find out more?</p>	

Self-Reflection – Task 5: Comment on ways that you used to support language learning with a child/a group of children.

What to write	Your comments and reflections:
Describe the interaction – what were you and the child/children doing? When did the interaction happen? What resources were being used?	
How did you support the child/children’s language development? Which strategies did you use and how do you think were they helpful?	
What did you learn from this experience? How will you use this new learning? Could you have done anything differently? Which strategies worked best? Why do you think that is? Did the children enjoy the experience?	

Observation 6: Observe children engaged in an experience where they are communicating – individually or in a group.

What to write	Your comments and reflections:
Describe the observation in as much detail as possible. Include details of what was said or what the non-verbals were that were used by the child/children.	
What do the children's communications tell you about their development? What do their communications tell you about their interests? Which specific comments or actions communicated those ideas to you?	
What have you learned from making this observation? What experience do you think you could share with the child/children to extend their learning/interests?	

Observation 7: Observe children engaged in play experience – individually or in a group.

What to write	Your comments and reflections:
<p>Describe what you observed in as much detail as possible. Include details of actions the children took, what resources they interacted with, which children they interacted with, where the observation took place and how long you observed.</p>	
<p>What did you notice? What was difficult about doing this observation? What did you learn about the children? What does it tell you about what their future learning experiences might look like?</p>	
<p>What have you learned from making this observation? What experience do you think you could share with the child or children to extend on what you have learnt from/about them?</p>	

Self-Reflection Task 6: Which developmental theories did you see in action? Explain your observation and the theory you relate to.

What to write	Your comments and reflections:
Describe the observation in as much detail as possible.	
Explain the theory you believe you saw happening in action. Which particular parts of the observation do you believe related to the theory and how did it help you make the connection between the theory and what you saw?	
What did you learn from this experience? How will you use this learning in the future? Do you need to find out more about this topic?	

Self-Reflection – Task 7: Think about the principles of the EYLF (Secure, respectful & reciprocal relationships; Partnerships; High expectations & equity; Respect for diversity; Ongoing learning & reflective practice) and describe where you helped to enact one of these principles.

What to write	Your comments and reflections:
Describe which principle you believe you were involved in doing. What was happening when you were involved with the principle?	
How did you support the enactment of the principle you have identified?	
What did you learn from this experience? How will you use this new learning? Could you have done anything differently? Which strategies worked best? Why do you think that is? Did the children enjoy the experience?	